

# Swiftwater Rescue Technician Course

Outward Bound Learning & Development Department has organised the following professional development course to be run in August in the Murrumbidgee River area.

Places are limited to a max of 12 people

**Cost:** \$990 per person – pre-payment required to book your place.

**Prerequisites:** Self rescue in White-water, conduct simple rescues and an ability to paddle from Angle crossing to Tharwa bridge. Please see the program outline for exactly what is covered in the 6 days.

**Course dates:** The course is run over two blocks (attendance of both is required): 1-3 August 2015 and 15-17 August 2015

**Contact:** Learning & Development Department to reserve your place:

Margot : (02) 6235 5726 BH or MargotH@outwardbound.org.au  
Dan: 0438 659 785 AH or DanB@outwardbound.org.au

**Rescue Training Group (RTG)** is Australia's premier training provider in the disciplines of Swiftwater Rescue, Rope rescue and Challenge Ropes Course training.



Swiftwater rescue courses australia  
Rescue Training Group is a Registered Training Organisation, RTO (Provider # 30993), and is registered to deliver Accredited Training in all States and Territories of Australia. Students who successfully complete RTG courses receive a portable Statement of Attainment for the competencies completed.

# Swiftwater Rescue Technician Program Schedule



The outline indicated is general and may be varied based on weather or river levels found at the time of the program. There may also need to be adjustments to the choices of specific sites for certain topics again based on weather, river levels or other environmental issues prevailing.

- SISOWWR403A Perform complex white water rescues and recoveries
- SISXEMR201A Respond to emergency situations
- SISXEMR402A Coordinate emergency responses
- SISOOPS407A Apply search and rescue skills

## Day one Classroom AM Outdoor venue PM

Time	Topic	Teaching Materials	Notes
8.00 am	Introductions and Course Learning Outcomes		
	Orientation to Advanced Swiftwater		
	Low Head Dams		
	Flood control channels		
	Vehicle based rescues		
	PPE for night work		
	Lunch		
	Technical equipment extension		
	Additional knots		
	Man made anchors		
	MA refresher and extension		
	Low Head Dams practical strategies		
	Day review and planning for day two		
	Finish		

## Day two

Time	Topic	Notes
8.00 am	Low Angle Rescues	
	Edge Management including natural and improvised methods	
	A frames	
	Litter rigging, Spinal Management, spine boards, Collars	
	Litter management – carrying methods	
	SRO skills assessment – swimming, wading throwbags	
	Lunch	
	Mid angle extractions – 45 ° sloping river valley	
	Search theory specific to river corridors	
	Coordinate emergency response modules	
	Finish	
Evening	Mock Search	

### Day Three

Time	Topic	Notes
8.00 am	High Angle Rescues	
	Edge Management including constructed and improvised methods	
	A frames and Tripods	
	Litter rigging for high angle rescue	
	Litter attendant setup.	
	Tyroleans with boat on tether	
11.45	Lunch	
12.45 pm	Tyroleans with suspended rescuer rotations	
	Assessment preparation	
5.30 pm	Finish	

### Day Four Advanced Rigging Assessment

Time		
8.00 am	Meet and Theory	Theory paper
	Assessment task #1	Practical task High Line Tyrolean
	Assessment task #2	Practical task Valley extraction
	Assessment task #3	Practical task litter management exercise
	Assessment task #4	Practical task vehicle based exercise

### Day Five Search and Coordination Assessment

Time		
	Assessment task #1	Practical task mock search
	Assessment task #2	Practical task communication and command exercise
	Assessment task #3	Practical task
	Assessment task #4	Practical task

### Day Six

teaching practise – lesson planning site selection, coaching, assessment.